

January Snack Menu 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Am: Animal crackers & milk Pm: Nachos & juice	3 Am: Muffins & milk Pm: Rice crispy treat & juice	4 Am: Cereal & milk Pm: Oyster crackers & juice	5 Am: Pancakes & milk Pm: Granola bars & juice	6 Am: Graham crackers & milk Pm: Ice cream & juice	7
8	9 Am: Cereal bars & milk Pm: Cheese crackers & juice	10 Am: Oatmeal & milk Pm: Yogurt & Juice	11 Am: Fig bars & milk Pm: Chex mix & juice	12 Am: Cinnamon toast & milk Pm: Applesauce & juice	13 Am: Muffins & milk Pm: Pudding & juice	14
15	16 Am: Animal crackers & milk Pm: String cheese & crackers & juice	17 Am: Bagels & milk Pm: Rice crispy treat & juice	18 Am: Cereal & milk Pm: Pretzels & juice	19 Am: Graham crackers & milk Pm: Granola bars & juice	20 Am: French toast & milk Pm: Oyster crackers & juice	21
22	23 Am: Fig bars & milk Pm: Mixed fruit & juice	24 Am: English muffins & milk Pm: Cheese crackers & juice	25 Am: Cinnamon toast & milk Pm: Pudding & juice	26 Am: Muffins & milk Pm: Chex mix & juice	27 Am: Oatmeal & milk Pm: Yogurt & juice	28
29	30 Am: Graham crackers & milk Pm: Granola bars & juice	31 Am: Cereal & milk Pm: Pretzels & juice			All snacks are served with milk or 100% juice	

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